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LICENSURE & CERTIFICATES

Licensed Clinical Social Worker, State of Utah #0116648-3501 (exp. 9/2014)

Certified ARISE© Interventionist (exp. 12/2013)

Designated Mental Health Examiner, State of Utah (exp. 2/2010)

EDUCATION

New Mexico State University. Las Cruces, New Mexico.

Master of Social Work. July, 1997

Brigham Young University. Provo, Utah

Bachelor of Science, Psychology. August 1991

WORK EXPERIENCE

Private Therapist. (11/99 – Present)

- ◆ Facilitate change and growth with individual and family clients through various modalities of psychotherapy treatment.

ARISE© Interventionist. (10/12 - Present)

- ◆ Promote individual recovery and family healing by facilitating change in the family system to address substance abuse and other process addictions.

Clinical Director. (9/10 - 10/11)

Recovery Ways residential treatment center. Murray, Utah

- ◆ Directed all clinical treatment for 24 bed residential treatment center for substance abuse.
- ◆ Created: JCAHO compliant policy and procedure, documentation and forms for charts, and insurance utilization review system. In short, created all clinical programming.
- ◆ Supervised all group and individual therapy services, treatment team meetings, and all other therapeutic activities and services.
- ◆ Supervised utilization review process between therapists and insurance companies.
- ◆ Oversaw budgets of multi-disciplinary team.
- ◆ Collaborated with HR department through hiring and retention of employees, implemented staff trainings, collected documentation.
- ◆ Managed all duties related to the clinical treatment of people with addiction.

Clinical Social Worker. (6/04 – 2/10)

University of Utah Neuropsychiatric Institute. Salt Lake City, Utah

- ◆ Complete psychosocial assessments and treatment plans for patients.
- ◆ Facilitate psychotherapy groups – interpersonal, psycho-educational, alcohol and drug.
- ◆ Provide case management clinical services, which extend to UNI adult inpatient, adolescent inpatient, adolescent day treatment, and alcohol and drug programs.
- ◆ Assist with various assignments – Utilization Review, chart audits, clinical assessment and crisis response, and so on as directed.

Country Director. (7/03 – 5/04)

Engage Now Foundation. Addis Ababa, Ethiopia

- ◆ Director of all ongoing projects in Ethiopia – literacy, health, simple technologies, etc.
- ◆ Supervised all local employees.
- ◆ Coordinated in-country projects with board of directors and CEO in US based office.
- ◆ Facilitated expedition groups of North Americans volunteering service in Ethiopia.
- ◆ Managed, tracked, and reported all budget and fiscal activities in-country.
- ◆ Collected, interpreted, and reported data on project villages.

Clinical Social Worker. (4/00 – 3/03)

University of Utah Neuropsychiatric Institute. Salt Lake City, Utah

- ◆ Completed psychosocial assessments and treatment plans for patients.
- ◆ Facilitated psychotherapy groups – interpersonal, psycho-educational, alcohol and drug.
- ◆ Provided case management clinical services, which extend to UUMC 5 West unit, and UNI adult inpatient, adolescent inpatient, adolescent day treatment, and adult alcohol and drug IOP program.
- ◆ Assisted with various assignments – Utilization Review, chart audits, clinical assessment and crisis response, and so on as directed.

Early Intervention Specialist, (4/00 – 8/01)

Homeless Children's Foundation. Salt Lake City, Utah

- ◆ Provided case management services to children and their families at 'Our House' center.
- ◆ Provided integrated services for children, resource facilitation for parents.
- ◆ Networked with community agencies.

Clinical Social Worker. (8/99 – 2/00)

Southwest C.A.R.E. Center. Santa Fe, New Mexico

- ◆ Provided supportive services through networking for People Living With HIV/ AIDS.
- ◆ Visited clients on a quarterly/as needed basis throughout North-Central New Mexico.
- ◆ Co-directed HIV/ AIDS support group for North-central New Mexico.
- ◆ Established quality of life goals through a Wellness Plan for clients, documented progress.
- ◆ Provided individual counseling as needed for clients.

Clinical Director of Community Based Services. (3/98 – 7/99)

Casa de Corazon. Taos, New Mexico.

- ◆ Directed Mid-level Family Preservation and Early Intervention home visiting program.
- ◆ Supervised 8 employees of these programs. This included team meetings, formal and informal supervision, hiring, promoting, and disciplining employees.
- ◆ Wrote and Submitted grant proposals for private, state, and federal monies.
- ◆ Ensured contractual obligations for grants were met. This includes writing quarterly reports, attending core meetings, meeting with subcontractors, and meeting with fiscal personnel assuring appropriate distribution of funds.
- ◆ Networked with community agencies in providing services to clients and building community projects.
- ◆ Assisted with development of computer based survey to document progress of clients.
- ◆ Responded to community crisis pager on rotation basis.

Social Worker 1, Child Protective Services Treatment Worker. (6/97- 3/98)

State of New Mexico Children, Youth, and Family Department. Farmington, New Mexico.

- ◆ Provided treatment planning and case management for children in State custody, in preparation of reunifying the family.
- ◆ Prepared affidavits used in State court hearings and agency records to document actions of clients.
- ◆ Assisted as a liaison between families and service providers in the community and state.
- ◆ Provided crisis intervention on an on-call basis.

Graduate Assistant. (1/96-5/97)

New Mexico State University. Las Cruces, New Mexico.

- ◆ Assisted professors in general teaching duties.
- ◆ Taught undergraduate and graduate level social work classes as requested by professors.
- ◆ Graded and critiqued tests and papers from students.
- ◆ Edited and updated a textbook written by a professor in preparation for re-publication.
- ◆ Researched articles, gathered data, statistically compiled and analyzed data in preparation for co-publication with a professor.

Enhanced Care Facility Case Manager. (5/93-8/95)

Mt. Hood Community Mental Health Center. Gresham, Oregon.

- ◆ Formulated assessments, treatment plans, and behavior plans for geriatric chronic mentally ill clients at a residential care facility.
- ◆ Provided family support for clients and their children.
- ◆ Provided daily structure and support through planned activities and duties.
- ◆ Consulted with a treatment team on symptoms, medications, and treatment for individual clients.
- ◆ Administered individual and group therapy on a daily basis.

Transitional Training/Respite Case Manager. (5/93-4/94)

Mt. Hood Community Mental Health Center. Gresham, Oregon.

- ◆ Formulated assessments, treatment plans, and behavior plans for adolescent and adult chronic mentally ill clients at a residential care facility.
- ◆ Coordinated family interaction between clients and parents.
- ◆ Provided skills training for planned community integration of clients.
- ◆ Interviewed and assessed clients for appropriateness of transitional program.

VOLUNTEER EXPERIENCE

Student Practicum II. Community Based Alternatives Case Manager. (8/96-6/97)

State of Texas Department of Human Services. El Paso, Texas

- ◆ Visited elderly clients in their homes to assess, plan, implement, and evaluate services received.
- ◆ Networked with various home health care organizations to provide for the needs of elderly clients.

Student Practicum I. Treatment Foster Care Coordinator. (8/95-4/96)

Alliance Hospital. Santa Teresa, New Mexico

- ◆ Established Treatment Foster Care program in the city of Las Cruces, New Mexico.
- ◆ Recruited and trained Treatment Foster Care parents for the program.
- ◆ Coordinated placement of Treatment Foster Care children with certified parents.
- ◆ Supported parents in keeping the placement of Treatment Foster Care children.

Executive Training Coordinator. (4/88-10/90)

Utah Valley Crisis Line. Provo, Utah

- ◆ Provided telephone counseling and support for people involved with suicide, depression, rape, drug abuse, and mental disorders.
- ◆ Provided initial volunteer training for all telephone crisis counselors.

PUBLICATIONS AND GRADUATE THESIS

From Novice to Seasoned Practitioner: Perceptions about Family Preservation

Journal of Family Preservation – Fall 1997

The Caregiving Preferences of Hispanic Elderly in West Texas and Southern New Mexico

Graduate Thesis--July 1997

REFERENCES AVAILABLE ON REQUEST